

This **free service** is available to all participants of Lincoln Housing Authority programs as a means of helping them retain their housing benefits.

Services include:

- Information
- Referral
- Support
- Advocacy
- In-home visitation
- Answers to commonly asked questions
- Personal consultation

Services provided are confidential.

Community Resources

Adult Abuse Reporting: (800) 652-1999

American Red Cross: 441-7997

Catholic Social Services: 474-1600

Cedars Youth Services: 437-8888

Child Abuse Reporting:

(800) 652-1999

City-County Health Department: 441-8000

Commission on Human Rights: 441-7624

Community Mental Health Center:

441-7940

Consumer Credit Counseling Service:

484-7200

Drug Crisis Line: 475-5683

Friendship Home: 437-9302

Gathering Place: 476-7398

Good Neighbor Center: 477-4173

Health and Human

Services: 441-7000

League of Human Dignity: 441-7871

LIFE Office: 441-7070

Lincoln Action Program: 471-4515

Nebraska Legal Services: 435-2161

Non-Emergency Police Number:

441-6000

One Stop Career Center: 441-7111

People's City Mission: 475-1303

Voices of Hope: 475-7273

WIC Programs: 441-8655

For more community resources, check the blue pages of the Windstream Directory or call 211 or check online at <http://www.211.org/>

**A free service provided by
Lincoln Housing Authority**



Family Support Program

Amy Wagner
Family Support Specialist

Lincoln Housing Authority
5700 'R' Street
Lincoln, NE 68505
434-5500

The primary goal of the *Family Support Program* is to assist individuals and families with short-term case management and referrals for service.

Family support is provided to address problems and issues so that individuals and families can maintain housing benefits.

Frequently Asked Questions:

Q: How do I access the program?

A: Call the Family Support Specialist, Amy Wagner, at the main LHA Office at 434-5500.

Q: How can the program help me?

A: The goal of this program is to help participants have an improved quality of life. This is done by helping educate individuals on resources available and assisting participants in accessing them.

Q: What can the Family Support Specialist do for me?

A: Advocate, educate and provide support while addressing current issues which may directly or indirectly influence housing and quality of life concerns.

Q: How long can I be involved in the program.

A: There is no set length of time involvement. However, the program is designed to be short-term and to address immediate needs and concerns that arise.

Q: How does it work?

A: An individual or family can access the program two ways. First, s/he can be referred to the program. These referrals usually come from LHA staff, community agencies, friends or family members. Or second, s/he can refer her/himself. Once the referral is made, the Family Support Specialist contacts the family and meets with them. During this meeting, areas that need to be addressed are identified and basic referrals are made. In some cases, the Family Support Specialist will meet with the family several times and assist with referral follow-up.